



**Welcome to Lakepoint Childcare and
Learning Centre – Pre School
3 to 5 years – Ocean and Jungle
rooms**



Brochure V1.0

Join us as we embark on a journey of growth,
learning, and fun!



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Programs & Features

Pre-School Age 3 – 5 years

At Lakepoint Childcare, our **Preschool Program for children aged 3 to 5 years** is thoughtfully designed to foster holistic growth and prepare young learners for their future educational journey.

Key Features:

- **Age-Appropriate Curriculum:** Activities tailored to encourage cognitive, social, and emotional development through hands-on exploration.
- **Creative Arts:** Painting, crafts, and storytelling to nurture imagination and self-expression.
- **Outdoor Exploration:** Daily adventures to Langford Lake and Westhills Playground to connect with nature.
- **Social Skills Development:** Group play and circle time to build cooperation, empathy, and friendships.

- **Structured Routine:** A balance of guided learning, free play, and rest to support overall development.
- **Experienced Educators:** Certified Early Childhood Educators (ECEs) dedicated to creating a nurturing and stimulating environment.
- **Physical Activities:** Encouraging gross motor skills through obstacle courses, movement games, and playground time.

Why Choose Lakepoint?



Why Choose Lakepoint?

- **Educated Staff:** Our team comprises trained Early Childhood Educators (ECEs), and Assistants (ECEAs).
- **Child-to-Staff Ratio:** A low ratio of 8:1 ensures personalized care and attention for each child.
- **Transition Program:** A two-week program ensures every child's smooth adjustment.
- **Brightwheel App:** Stay connected with real-time updates about your child's activities, emotions, and progress.
- **Thoughtful Themes & Activities:** Monthly themed activities designed to inspire curiosity and creativity.

Welcome pack for parents



Welcome Pack for Parents

Each family receives a thoughtfully designed welcome pack, including:

1. **Room's Philosophy:** Insights into the teaching styles and nurturing approaches of our skilled staff to build trust and familiarity.
2. **Tips on How to Help Your Child Adjust to Daycare:** Practical advice to support your child's smooth transition.
3. **Gradual Entry Guidelines:** A detailed plan to help ease your child into the daycare environment step by step.
4. **Room Schedules:** A comprehensive outline of daily routines, including snack times, nap times, play sessions, and learning activities.
5. **Monthly Themes :** A list of themes for each month giving a new and unique experience to kids and the families



Philosophies

The **Ocean Room Philosophy** is centered on nurturing creativity, imagination, and sensory exploration in a serene, ocean-inspired environment.

- Creativity in Action:** Collaborative art projects encourage children to express their individuality while learning teamwork.
- Imaginative Storytelling:** Engaging stories and role-playing activities help spark imagination and build communication skills.
- Sensory Exploration:** Hands-on sensory activities such as water play, and tactile materials promote curiosity and motor skill development.
- Calm and Focus:** The soothing ocean-themed decor and tranquil environment support concentration and emotional well-being.

The **Jungle Room Philosophy** focuses on fostering social connections, physical growth, and exploration in a vibrant, nature-inspired setting.

- Teamwork and Social Development:** Group activities and cooperative games help children build friendships, empathy, and effective communication skills.
- Active Learning:** Physical play, such as climbing, running, and obstacle courses, encourages motor skill development and healthy habits.
- Nature-Inspired Exploration:** Activities like nature crafts and sensory play connect children with the natural world and nurture curiosity.
- Dynamic Environment:** The lively jungle-themed decor creates an exciting and stimulating atmosphere, sparking imagination and joy.

Tips on how to adjust



5. Bring a Comfort Item

Allow your child to bring a favorite toy, blanket, or family photo to provide comfort and familiarity during the day.

Tips on How to Help Your Child Adjust to Daycare

1. Talk About Daycare Positively

Share stories about daycare to create excitement. Emphasize fun activities, new friends, and caring teachers to build anticipation.

2. Practice Short Separations

Gradually increase the length of time your child spends away from you with a trusted caregiver. This helps them get comfortable with being apart.

3. Establish a Morning Routine

Create a consistent and cheerful routine leading up to daycare. Include a special goodbye ritual like a hug or a wave to give them reassurance.

4. Visit the Daycare Together

Attend an open house or schedule a visit so your child can familiarize themselves with the environment, meet their teachers, and explore the space.

Tips on how to adjust



6. Keep Goodbyes Brief

A quick, loving goodbye reassures your child without drawing out the separation. Avoid sneaking away, as it can create anxiety.

7. Communicate with Teachers

Share insights about your child's preferences, routines, and comfort strategies. Stay in touch to monitor their adjustment and address concerns.

8. Be Patient with the Process

Adjusting to daycare takes time. Celebrate small milestones and provide extra love and support at home during the transition period.

9. Reinforce Positivity at Pickup

Ask about their day and praise their efforts to adjust. Highlight exciting moments to reinforce positive feelings about daycare.

10. Create a Connection to Daycare at Home

Sing songs, read books, or talk about activities they enjoyed at daycare to maintain familiarity and encourage enthusiasm.

GRADUAL ENTRY



Note:

The duration of these gradual entry steps may vary based on your child's comfort and settling time. Adjustments to the hours can be discussed with educators to accommodate individual needs.

Gradual Entry Guidelines

Pre-Schooler Gradual Entry Schedule

Week 1 :

Day 1: 8:00 AM to 10:00 AM – Approximately 2 hours visit. Includes morning snack.

Day 2: 8:00 AM to 10:00 AM – Approximately 2 hours visit. Includes morning snack.

Day 3: 8:00 AM to 11:30 AM – Approximately 3.5 hours. Includes morning snack

Day 4: 8:00 AM to 11:30 AM – Approximately 3.5 hours. Includes morning snack.

Day 5: 8:00 AM to 11:30 AM – Approximately 3.5 hours. Includes morning snack.

Week 2 :

Day 6: 8:00 AM to 12:30 PM – Approximately 4.5 hours. Includes morning snack and lunch.

Day 7: 8:00 AM to 12:30 PM – Approximately 4.5 hours. Includes morning snack and lunch.

Day 8: 8:00 AM to 3:00 PM – Approximately 7 hours. Includes morning snack and lunch and nap.

Day 9: 7:30 AM to 4:00 PM – Close to a full day. Includes morning snack, lunch, afternoon snack, and nap.

Day 10: 7:30 AM to 4:00 PM – Close to a full day. Includes morning snack, lunch, afternoon snack, and nap.

Week 3 and Beyond

Regular drop-off and pick-up schedules will apply.

DAILY SCHEDULE FOR PRE-SCHOOLERS



Typical Daily Schedule

7:30 AM to 8:30 AM: Morning arrival and table activities (puzzles, coloring, and quiet play).

8:30 AM to 9:00 AM: Circle time (songs, stories, and discussions about the day's theme).

9:00 AM to 9:30 AM: Morning snack (healthy treats and hydration).

9:30 AM to 10:00 AM: Group learning activities (art, literacy, and creative play).

10:00 AM to 12:00 PM: Outdoor exploration at Langford Lake Forest or Westhills Playground (nature walks, group games, and physical play).

12:00 PM to 12:30 PM: Lunch time

12:30 PM to 2:30 PM: Nap or quiet time (relaxation with soft music or storybooks for non-nappers).

2:30 PM to 3:30 PM: Indoor activities (blocks, crafts, or imaginative play).

3:30 PM to 4:00 PM: Afternoon snack

4:00 PM to 5:00 PM: Outdoor play at the center's playground (climbing, sliding, and sand play).

5:00 PM : Pickup at the center's playground

Typical Monthly Calendar Example

Below is an example of a themed monthly calendar for
March: Spring Into Nature

- March 1:** Nature Walk
Explore local parks and observe plants.
- March 5:** Sensory Bin: Leaves & Twigs
Hands-on play with natural materials.
- March 10:** Garden Planting Day
Plant seeds and learn about plant growth.
- March 15:** Nature Art
Create art using leaves, flowers, and twigs.
- March 20:** Spring Equinox Celebration
Learn about the seasons and have a party.
- March 25:** Bug Hunt
Explore bugs with magnifying glasses.





Monthly Themes for Infants and Toddlers

- September:** Colors & Shapes
Learn about vibrant colors and shapes through play and creative projects.
- October:** Autumn Treasures
Celebrate fall with activities about pumpkins,
- November:** Giving Thanks
Focus on gratitude and kindness with themed stories and crafts.
- December:** Holiday Cheer, Enjoy the festive season with activities celebrating various holidays.

- January:** Winter Wonders
Discover the magic of snowflakes, winter animals, and cozy fun.
- February:** Art from the Heart
Celebrate creativity and love through heart-inspired art projects.
- March:** Spring Into Nature
Explore the beauty of blooming flowers, bugs, and nature walks.
- April:** Little Scientists
Engage in hands-on experiments and explore the wonders of science.
- May:** Around the World
Learn about different cultures, traditions, and foods from around the globe.
- June:** Ocean Explorers
Dive into the wonders of the sea with activities about marine life and the beach.
- July:** Summer Adventures
Enjoy summer fun with outdoor play, water games, and sunshine crafts.
- August:** Animal Kingdom
Discover the world of animals with engaging activities about different species.



Outdoor Time Activities

Centre's Playground

Safe and enclosed play area designed for young children.

Activities include climbing, sliding, sandbox fun, and free play with toys.

Encourages gross motor skills, teamwork, and creativity.

Westhills Playground

A vibrant and community-centered playground with a variety of equipment.

Activities include group games, obstacle courses, and exploration.

Ideal for building social skills and enjoying outdoor adventures.

Langford Lake

Nature walks along the scenic trails surrounding the lake.

Opportunities to observe wildlife, collect natural treasures, and enjoy storytelling sessions by the water.

Promotes mindfulness, curiosity, and environmental awareness.



First Day Supplies

Below is a comprehensive list to help your child's first day run smoothly:

1. Water Bottle

2. Food:

- Pack two healthy snacks and a lunch with an ice pack.
- For warm food, use a thermos (we do not warm food or refrigerate lunches).
- Ensure all food is nut-free, as our facility is nut-free.

3. Clothing:

- Two sets of spare clothes, including extra socks.
- Muddy buddies for Infants and Toddlers.
- Rain pants and a raincoat for 3- to 5-year-olds.
- Boots and a hat suitable for all weather conditions.
- Blanket and/or stuffed toy for nap time.

4. Sun Protection (Warmer Months):

- Sunscreen.
- Sunhat.



5. Footwear:

- Velcro shoes, slip-on shoes, or cozy slippers for indoors (Crocs are preferred).

6. Diapering (if applicable):

- Bag of diapers and wipes.
- Wet bag if using cloth diapers.
- If toilet training, pack at least 3-4 pull-up elastic waist pants and 4 pairs of underwear.

7. Earthquake Kit:

- Blanket.
- Water bottle.
- Special toy.
- Family photo with out-of-town emergency contacts on the back.
- A few dry snacks.
- Place all items in a large Ziplock bag with your child's full name written on the front.



Brightwheel App

We utilize Brightwheel to manage attendance, share updates, and communicate with parents. Please ensure you have the Brightwheel app installed and that your parent account is created and linked to your child.

Each parent will have a **4-digit PIN** to use for signing in and out. Our staff will be available to assist if needed.

Features

1. Attendance Tracking

1. Use this PIN during drop-off and pick-up.

2. Daily Updates

1. Receive real-time notifications about your child's activities, including meals, naps, and playtime.
2. Photos and videos of special moments are shared directly through the app.

3. Parent Communication

1. Use the app to send and receive messages with our staff.
2. Stay informed about events, reminders, and general updates.



Laurel's Philosophy

With over **30 years of experience** in early childhood education, Laurel is deeply committed to fostering a nurturing, inclusive, and stimulating environment for every child. She believes that each child is unique and deserves individualized care and attention to help them thrive socially, emotionally, and cognitively.

Laurel's philosophy centers around:

- Building Strong Foundations:** Creating a safe and supportive space where children feel valued and confident to explore and grow.
- Encouraging Creativity:** Providing opportunities for hands-on learning through art, play, and storytelling to inspire imagination and critical thinking.
- Cultivating Relationships:** Promoting strong connections between children, families, and staff to create a sense of community and belonging.
- Fostering Independence:** Guiding children to develop self-help skills and confidence through age-appropriate challenges and achievements.

As the Centre Manager, Laurel's vast experience and compassionate leadership ensure that every child and family receives the highest standard of care and education. Her passion for lifelong learning and dedication to her role make her an invaluable part of the Lakepoint Childcare team.

