



# WEEK 1

## ISLAND GUARDIANS: THE GREAT ECOSYSTEM ADVENTURE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### 16. Langford Lake

**8:45-9:00** Morning Meeting  
Camp introduction & expectations

**9:00** Snack

**9:40-12:00** Lake Detectives + Water Relay (cups & sponge)

**12:00 - 1:00 p.m.** Lunch  
**1:00-2:30** Base Map + Scientific Drawings + Paint rocks from the lake

**2:30 - 3:00** Snack

**3:00 - 4:30** Free Choice Stations

### 17. Glen Lake

**8:00-8:45** Nature Sketch

**8:45-9:00** Morning Meeting.  
Review Day 1 findings

**9:00** Snack

**9:40-12:00** Comparison Chart + Ecological Freeze Tag  
Materials: Clipboards, cones.  
Children compare lakes and freeze as endangered animals.

**1:00-2:30** Visual Graph Creation.

**2:30 - 3:00** Snack

**3:00 - 4:30** Free Choice Stations

### 18. Sarah Beckett Park

**8:00-8:45** Quiet Mapping

**8:45-9:00** Morning Meeting.  
Community rules discussion

**9:00** Snack

**9:40-12:00** Mini Zone Mapping + Water Relay

Children map park zones and cooperate in water challenge.

**1:00-2:30** Ecosystem 3D Model with recycled materials

**2:30 - 3:00** Snack

**3:00 - 4:30** Free Choice Stations

### 19. Westhills Park

**8:00-8:45** Puzzle Time

**8:45-9:00** Morning Meeting.  
Urban nature focus talk

**9:00** Snack

**9:40-12:00** Obstacle Circuit + Eco Freeze Tag + Water Relay

Children rotate through movement stations.

**1:00-2:30** 3D Model with recycled materials

**2:30 - 3:00** Snack

**3:00 - 4:30** Free Choice Stations

### 20. Jordie Lunn Bike Park

**9:40-12:00** Trail Walk + Cooperative Challenge + Water Relay  
Materials: Buckets, cups, sponges.  
Children practice regulation and teamwork.

**11:00-2:30** Final touch of their projects

**2:30 - 3:00** Snack

**3:30 - 4:00** Showcase Setup

**3:30-4:00** Parent Showcase

**4:00 - 4:30** Gallery Walk and Diploma Certificate.

