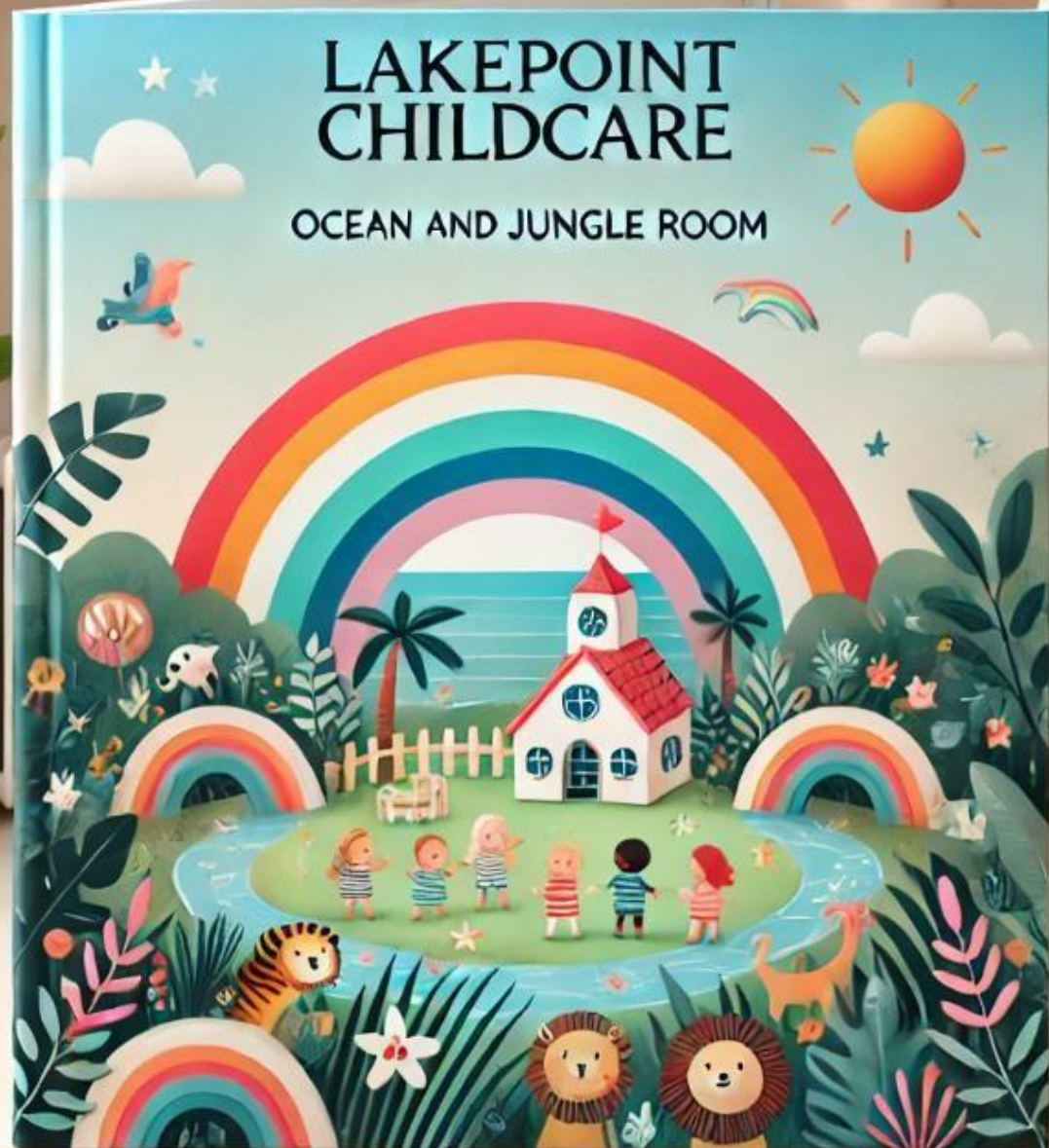




Welcome to Lakepoint Childcare and Learning Centre – Pre School 3 to 5 years – Ocean and Jungle Rooms



Brochure V1.0

Join us as we embark on a journey of growth,
learning, and fun!



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Programs & Features

Pre-School Age 3 – 5 years

At Lakepoint Childcare, our **Preschool Program for children aged 3 to 5 years** is thoughtfully designed to foster holistic growth and prepare young learners for their future educational journey.

Key Features:

- **Age-Appropriate Curriculum:** Activities tailored to encourage cognitive, social, and emotional development through hands-on exploration.
- **Creative Arts:** Painting, crafts, and storytelling to nurture imagination and self-expression.
- **Outdoor Exploration:** Daily adventures to Langford Lake and Westhills Playground to connect with nature.
- **Social Skills Development:** Group play and circle time to build cooperation, empathy, and friendships.

- **Structured Routine:** A balance of guided learning, free play, and rest to support overall development.
- **Experienced Educators:** Certified Early Childhood Educators (ECEs) dedicated to creating a nurturing and stimulating environment.
- **Physical Activities:** Encouraging gross motor skills through obstacle courses, movement games, and playground time.

Why Choose Lakepoint?



Why Choose Lakepoint?

- **Educated Staff:** Our team comprises trained Early Childhood Educators (ECEs), and Assistants (ECEAs).
- **Child-to-Staff Ratio:** A low ratio of 8:1 ensures personalized care and attention for each child.
- **Transition Program:** A two-week program ensures every child's smooth adjustment.
- **Brightwheel App:** Stay connected with real-time updates about your child's activities, emotions, and progress.
- **Thoughtful Themes & Activities:** Monthly themed activities designed to inspire curiosity and creativity.

Welcome pack for parents



Welcome Pack for Parents

Each family receives a thoughtfully designed welcome pack, including:

1. **Tips on How to Help Your Child Adjust to Daycare:** Practical advice to support your child's smooth transition.
2. **Gradual Entry Guidelines:** A detailed plan to help ease your child into the daycare environment step by step.
3. **Room Schedules:** A comprehensive outline of daily routines, including snack times, nap times, play sessions, and learning activities.
4. **Monthly Themes:** A list of themes for each month giving a new and unique experience to kids and families

Tips on how to adjust



5. Bring a Comfort Item

Allow your child to bring a favorite toy, blanket, or family photo to provide comfort and familiarity during the day.

Tips on How to Help Your Child Adjust to Daycare

1. Talk About Daycare Positively

Share stories about daycare to create excitement. Emphasize fun activities, new friends, and caring teachers to build anticipation.

2. Practice Short Separations

Gradually increase the length of time your child spends away from you with a trusted caregiver. This helps them get comfortable with being apart.

3. Establish a Morning Routine

Create a consistent and cheerful routine leading up to daycare. Include a special goodbye ritual like a hug or a wave to give them reassurance.

4. Visit the Daycare Together

Attend an open house or schedule a visit so your child can familiarize themselves with the environment, meet their teachers, and explore the space.

Tips on how to adjust



10. Create a Connection to Daycare at Home

Singing songs, reading books, or talking about activities they enjoyed at daycare to maintain familiarity and encourage enthusiasm.

5. Keep Goodbyes Brief

A quick, loving goodbye reassures your child without drawing out the separation. Avoid sneaking away, as it can create anxiety.

6. Communicate with Teachers

Share insights about your child's preferences, routines, and comfort strategies. Stay in touch to monitor their adjustment and address concerns.

7. Be Patient with the Process

Adjusting to daycare takes time. Celebrate small milestones and provide extra love and support at home during the transition period.

8. Reinforce Positivity at Pickup

Ask about their day and praise their efforts to adjust. Highlight exciting moments to reinforce positive feelings about daycare.



Gradual Entry Guidelines (1 week)

Pre-Schooler Gradual Entry Schedule

Week 1:

Day 1: 8:00 AM to 12:30 PM – Approximately 4.5 hours. Includes morning snack and lunch.

Day 2: 8:00 AM to 12:30 PM – Approximately 4.5 hours. Includes morning snack and lunch.

Day 3: 8:00 AM to 3:00 PM – Approximately 7 hours. Includes morning snacks and lunch and naps (if needed).

Day 4: 7:30 AM to 4:00 PM – Close to a full day. Includes morning snacks, lunch, afternoon snack, and nap (if needed)

Day 5: 7:30 AM to 5:00 PM – Full day

*Full day applies from Week 2 based on how your child is adapting to our daycare environment



Typical Daily Schedule

7:30 AM to 8:30 AM: Morning arrival and table activities (puzzles, coloring, and quiet play).

8:30 AM to 9:00 AM: Circle time (songs, stories, and discussions about the day's theme).

9:00 AM to 9:30 AM: Morning snack (healthy treats and hydration).

9:30 AM to 10:00 AM: Group learning activities (art, literacy, and creative play).

10:00 AM to 12:15 PM: Outdoor exploration at Langford Lake Forest or Westhill's Playground (nature walks, group games, and physical play).

12:15 PM to 12:45 PM: Lunch time

1:00 PM to 2:30 PM: Nap or quiet time (relaxation with soft music, calm activities, or reading storybooks for non-nappers).

2:30 PM to 3:30 PM: Indoor activities (blocks, crafts, or imaginative play).

3:30 PM to 4:00 PM: Afternoon snack

4:00 PM to 5:00 PM: Outdoor play at the center's playground (climbing, sliding, and sand play).

5:00 PM: Pickup at the center's playground



Outdoor Time Activities

Centre's Playground

Safe and enclosed play area designed for young children.

Activities include climbing, sliding, sandbox fun, and free play with toys.

Encourages gross motor skills, teamwork, and creativity.

Westhills Playground

A vibrant community-centered playground with a variety of equipment.

Activities include group games, obstacle courses, and exploration.

Ideal for building social skills and enjoying outdoor adventures.

Langford Lake

Nature walks along the scenic trails surrounding the lake.

Opportunities to observe wildlife, collect natural treasures, and enjoy storytelling sessions by the water.

Promote mindfulness, curiosity, and environmental awareness.



First Day Supplies

Below is a comprehensive list to help your child's first day run smoothly:

1. Water Bottle

2. Food:

- Pack two healthy snacks and lunch with an ice pack.
- For warm food, use a thermos (we do not warm food or refrigerate lunches).
- Ensure all food is nut-free, as our facility is nut-free.

3. Clothing:

- Two sets of spare clothes, including extra socks.
- Muddy buddies for Infants and Toddlers.
- Rain pants and a raincoat for 3- to 5-year-olds.
- Boots and a hat suitable for all weather conditions.
- Blanket and/or stuffed toy for nap time.

4. Sun Protection (Warmer Months):

- Sunscreen.
- Sunhat.



5. Footwear:

- Velcro shoes, slip-on shoes, or cozy slippers for indoors (Crocs are preferred).

6. Diapering (if applicable):

- Bag of diapers and wipes.
- Wet bag if using cloth diapers.
- If toilet training, pack at least 3-4 pull-up elastic waist pants and 4 pairs of underwear.

7. Earthquake Kit:

- Blanket.
- Water bottle.
- Special toy.
- Family photo with out-of-town emergency contacts on the back.
- A few dry snacks.
- Place all items in a large Ziplock bag with your child's full name written on the front.



Brightwheel App

We utilize Brightwheel to manage attendance, share updates, and communicate with parents. Please ensure you have the Brightwheel app installed and that your parent account is created and linked to your child.

Each parent will have a **4-digit PIN** to use for signing in and out. Our staff will be available to assist if needed.

Features

1. Attendance Tracking

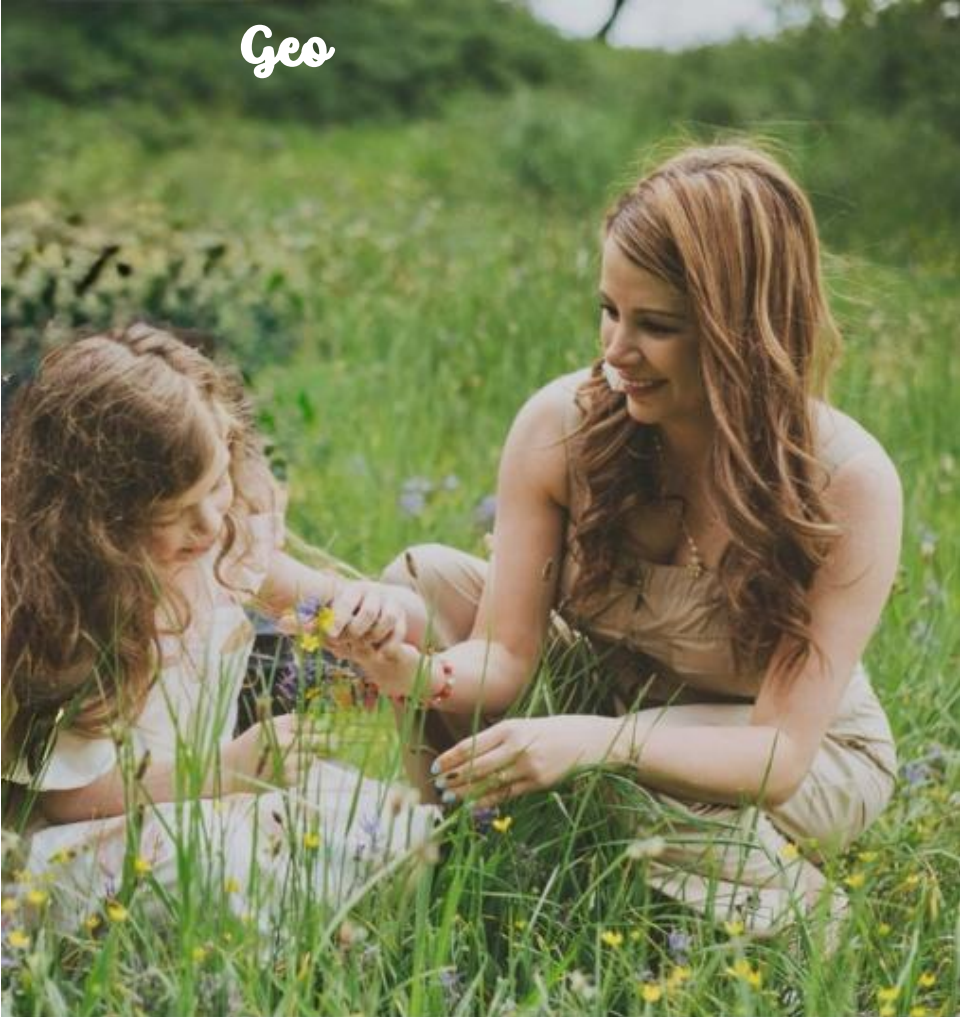
1. Staff will check-in and check-out the kids.

2. Daily Updates

1. Receive real-time notifications about your child's activities, including meals, naps, and playtime.
2. Photos and videos of special moments are shared directly through the app.

3. Parent Communication

1. Use the app to send and receive messages with our staff.
2. Stay informed about events, reminders, and general updates.



Geo

Manager's Philosophy

My name is Geovanna Luna, though most families know me as **Geo**. I have been an Early Childhood Educator for over 8 years. My educational background includes a Diploma in Early Learning and Care and Special Needs.

I'm excited to bring my experience, creativity, and leadership to my new role at Lakepoint Learning Centre, where I will work closely with families, staff, and the community to create an environment where children can grow and thrive.

I believe in celebrating communication and culture by teaching sign language and Spanish to help children connect and understand different perspectives, inspiring creativity through art shows, music performances, and special events that let children share their talents, and building confidence by encouraging independence through age-appropriate activities.

For me, early learning is about more than preparing for school—it's about nurturing kind, curious, and confident people who feel proud of who they are and where they come from.

